CK 95/404 74/23 P.O. Box 13619 Vorna Valley , 1686 Midrand



Tel: (011) 315 4503 Cell: (083) 4140391 Fax:(086) 6710935 sundown@iafrica.com

CORPORATE FLYFISHING TEAM-BUILD & EVENTS

Overview

An introduction to the fine art of fly-fishing ...with a twist!

Fly-fishing provides a level playing field for male and female participants. Unlike normal fishing you do not need physical strength or to use messy bait.

The processes involved require some co-ordination, brain power, listening skills and ability to enjoy beautiful surroundings. Events can be hosted at a variety of venues only 35 min drive from Joburg & Pretoria.

We ensure that all the venues we use have good water quality, scenic location and are environmental ly friendly.

Our experienced guides/facilitators will assist your team with:

- a) the basic fly-fishing skills required
- b) encouraging group bonding and improving communication skills

Agenda for 2.5 hour activity – From R400 pp

Session 1

Brief overview of the history of fly-fishing

Explanation of the equipment

Explanation of eco friendly fly-fishing practice ie catch and release

Basic entomology explanation (nb so you can understand how to select the correct flies to fish with)

Tie on the flies and try to catch a fish.

Casting lesson and practice

Session 2

Group divides into teams

Accuracy casting challenge where each team member has three casts to try and land his fly (at the end of the line) in a target.

Blind folded casting challenge (relay format) where the team members must:

- a) A team member must concentrate on the casting skill that have learnt to try and cast the fly into the target zone. Taking away the sight sense forces you to rely on your other senses (ie hearing, touch etc).
- b) Use communication skills to assist the member who is blind folded to land the fly in the target zone

Members: W.K Sinclair (IMM)

Session 3

If the venue has a fishing dam then guests will have an opportunity to fish with guides helping to correct mistakes and providing practical fly-fishing advise. Guests using a venue without a fishing dam will begin the Trout cook off and wine (if selected)

Duration

2.5 - 3 hours

Included

Fly-fishing rod, reel and line

Flies

Experienced guide/facilitator

Excluded

Cap to differentiate teams and protect against sunburn

Agenda for multi day activity

Day 1

Interactive fly fishing and whisky experience which is normally run after dinner. It is a fascinating activity and a great ice breaker.

Day 2

2.5 hour Introductory fly fishing activity (See detailed agenda above)

Duration

Fly tying and whisky (1-2 hours) Introductory fly fishing challenge (2,5 – 3 hours) Trout cook off and wine pairing (1 hour)

Included

Fly-fishing rod, reel and line

Flies

Experienced guide/facilitator

Excluded

Whisky for fly tying and Wine for wine pairing if we don't have a sponsor for the particular event.

Guides accommodation and meals

Cap to differentiate teams (Basic cotton cap provided however a better quality cap/hat may be arranged at additional cost)

Notes

The fish species that are available may change according to the venue where the activity is held.

Partner venues include: Kloofzicht Lodge & Spa, Valley Lodge & Spa, Budmarsh Lodge, Glenburn Lodge, Mount Grace Country House & Spa, Haywards Safari's, Intundla Lodge, Zebra Lodge, Dunkeld Country Estate.

Bookings & enquiries:

Tel: (011) 3154503 Cell: 0834140391 Email: sundowncorporate@gmail.com

Members: W.K Sinclair (IMM)